An essential tool to help Floridians stay safe on the road has arrived!

Complete with information on state and local resources, safety tips, rules for sharing the road, self-assessments, and worksheets, the new and improved Florida’s Guide to Safe Mobility for Life has everything aging road users need to remain safe, mobile and independent, even beyond the driver’s seat.

Most importantly, the guide provides detailed information on the keys to achieve **Safe Mobility for Life**:

![Understand](image)
Understand the impact aging has on driving

![Be proactive](image)
Be proactive about safe driving skills

![Plan](image)
Plan for a safe transition from driving

The Florida Department of Transportation’s Safe Mobility for Life Program partnered with the Pepper Institute on Aging and Public Policy at Florida State University to form the Safe Mobility for Life Coalition. Working together with 28-member organizations, our mission is to implement a strategic plan to improve the safety and mobility needs of Florida’s aging road users.

This guide helps advance that mission by educating drivers, pedestrians, bicyclists, motorcyclists, and all other road users about how to remain safe on the road and plan for their transportation future.

By reading and completing the guide, older adults can learn about all the transportation resources available to them, gain the skills to travel safely and confidently with or without a car, and learn about the financial, health, and lifestyle benefits associated with trying modes of transportation outside of driving.
Help us spread the message!

The Safe Mobility for Life Coalition thinks your audience will benefit from reading Florida’s Guide to Safe Mobility for Life. Below is a series of images that can be used in social media posts, articles, and webpages as well as suggested content to help announce the launch of Florida’s Guide to Safe Mobility for Life and everything it has to offer.

Please help us spread the message to older adults in Florida by sharing the suggested social media, website, and newsletter content on your communication channels. Together we can help all Floridians achieve Safe Mobility for Life!

Suggested Images:
The Florida Department of Transportation’s Safe Mobility for Life Coalition has released an updated guide to help older adults in Florida meet their personal mobility needs and remain safe, independent, and active in their communities.

The guide helps older adults in Florida learn the keys to achieve **Safe Mobility for Life** which are **understand, be proactive, and plan**:

- **Understand** the impact aging has on driving, changes in driving behavior, common driving errors, and Florida’s driver license and ID card
- **Be proactive** about safe driving, walking, bicycling, motorcycling, and riding transit skills and practices.
- **Plan** for your transportation future and life beyond the driver’s seat by learning how to discover and use transportation options in your community.

**Florida’s Guide to Safe Mobility for Life** is an updated version of Florida’s Guide to Aging Drivers, which was released in 2012. The newly revised and expanded guide has necessary information all Floridians need to know as they age, as well as tips on how to drive safely longer and how to remain active and independent after transitioning from driving.

The guide has information about community and statewide transportation resources, safety tips, and rules for sharing the road to help drivers, walkers, bicyclists, transit riders, and motorcyclists be proactive about their mobility. It also includes self-assessments and worksheets to help learn how to plan for life beyond the driver’s seat.

To order Florida’s Guide to Safe Mobility for Life, visit [fdot.tips/orderform](http://fdot.tips/orderform).

Later this year, the Florida’s Guide to Safe Mobility for Life e-book will be available at [SafeMobilityFL.com](http://SafeMobilityFL.com).
Suggested Website Content:

If you are interested in listing Florida’s Guide to Safe Mobility for Life as a resource on your website, you can use the following content accompanied by your choice of web button or banner found below:

Florida’s Guide to Safe Mobility for Life

The Safe Mobility for Life Coalition has released Florida’s Guide to Safe Mobility for Life, a new and improved guide to help older adults in Florida meet their personal mobility needs to remain safe, independent, and active in their communities, even beyond the driver’s seat. Click here to learn more and order your free guide today: safemobilityfl.com/Guide.htm

Web Button and Banners

After downloading a web button or banner of your choice, add the link below to the button or banner on your website.

safemobilityfl.com/Guide.htm

Banner - 960x400 pixels

[Image of banner]

Scrolling Banner - 1200x600 pixels

[Image of scrolling banner]
Order your free copy today!

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Understand, Be Proactive, and Plan.

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Suggested Social Media Posts:

The following posts are suitable for Facebook, Twitter, and Instagram.

@SafeMobilityFL #SafeMobilityFL

#Plan for a life beyond the driver’s seat with #Florida’s Guide to Safe Mobility for Life! The new #guide from @SafeMobilityFL provides worksheets to help older adults develop a transportation plan and put it into action. Florida residents can visit fdot.tips/orderform to order a FREE copy. #SafeMobilityFL

The new Florida’s Guide to Safe Mobility for Life for older adults is here! Learn how you can be a safer driver, walker, transit rider, bicyclist, motorcyclist, and golf cart driver. To order a copy, visit fdot.tips/orderform. @SafeMobilityFL #SafeMobilityFL

The new Florida’s Guide to Safe Mobility for Life gives you the keys to your transportation future. Visit fdot.tips/orderform to order your free guide from @SafeMobilityFL so you can Understand, Be Proactive, and Plan for a life beyond the driver’s seat! #SafeMobilityFL
Download and Share Florida’s Guide to Safe Mobility for Life. It’s only a click away!

View or download a PDF of Florida’s Guide to Safe Mobility for Life below:


Order a FREE guide today!

To order FREE copies of Florida’s Guide to Safe Mobility for Life please visit fdot.tips/orderform or call (850) 644-8426.