The Florida Department of Transportation’s (FDOT) Safe Mobility for Life Program and Coalition supports the American Occupational Therapy Association’s (AOTA) national Older Driver Safety Awareness Week each year to promote the importance of knowing how to drive safely longer and how to remain active and independent long after transitioning from driving. According to more than 70 percent of Floridians who participated in Florida’s 2017 Aging Road User Survey, driving is central to their independence, and 67 percent strongly agree that if they stopped driving, they fear they would become isolated.

It’s important for people of all ages to get around easily to maintain a healthy lifestyle that allows them to stay connected to their community. Knowing The Keys to Achieve Safe Mobility for Life can help older adults remain active and independent, even beyond the driver’s seat. The Keys are: understand, be proactive, and plan. FDOT’s Safe Mobility for Life Coalition provides resources that can help people stay connected to the people important to them and to the activities they love long after they have transitioned from driving.

To help promote Older Driver Safety Awareness Week, the Safe Mobility for Life Coalition will be conducting and supporting events across the state to observe this national campaign. This

Survey results from Florida's 2017 Aging Road User Survey conducted by the Florida Department of Transportation and Florida State University’s Pepper Institute on Aging and Public Policy.
includes the You Hold the Keys workshops, where attendees can learn tips and information on how to stay safe and mobile, CarFit which offers drivers an opportunity to learn how to maintain comfort and safety in their own vehicle, as well as AAA’s Mature Driver Improvement Course and AARP’s Smart Driver Safety Course, which can potentially provide an insurance discount once completed.

Learn More and Find Events Near You or Online

- AARP’s Smart Driver Safety Course: Register Here
- AAA’s Mature Driver Improvement Course: Register Here
- CarFit Event: Find an Event Near You and Register Here
- DHSMV’s Florida Licensing On Wheels (FLOW) Event: Find a FLOW Mobile Near You Here
- Plus, Safe Mobility for Life Coalition members are hosting free You Hold the Keys to Your Transportation Future Workshops. Check out what is happening in your community today.
- Sign Up for the Sign up for our E-newsletter: Safe Mobility for Life Insider
Safety and Mobility Resources

Take advantage of the free materials available through the Safe Mobility for Life Coalition to help you achieve The Keys to Safe Mobility for Life: **understand, be proactive, and plan.**

<table>
<thead>
<tr>
<th>Aging Road User Strategic Safety Plan</th>
<th>Parking Lot Safety Tip Card</th>
</tr>
</thead>
<tbody>
<tr>
<td>Data-driven and evaluation based strategic safety plan to reduce injuries and fatalities for Florida’s aging population.</td>
<td>Pedestrians are at high risk for being injured by moving vehicles because drivers take safety for granted in these areas. Learn safe driving and walking tips in parking lots.</td>
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<table>
<thead>
<tr>
<th>Florida's Guide for Aging Drivers</th>
<th>Golf Cart Brochure</th>
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<tbody>
<tr>
<td>This guide was developed to help Floridians learn how to continue to drive safely as they age.</td>
<td>The rules for operating golf carts vary from state to state. This brochure contains information on how to safely and legally operate your golf cart in Florida.</td>
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<tr>
<th>How to Choose Your Lifelong Community Checklist</th>
<th>Roadway Safety Tip Cards</th>
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<tbody>
<tr>
<td>By completing this checklist, individuals can learn how well a community meets their mobility needs to successfully age in place.</td>
<td>Tip cards include: Multi-Lane Roundabouts, Turning Right on Red, Flashing Yellow Arrow and Countdown Pedestrian Signal.</td>
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<tr>
<th>Family and Caregivers Brochure</th>
<th>How to Use Find a Ride Florida</th>
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</thead>
<tbody>
<tr>
<td>Families and friends play a large role in an older adult’s safety and mobility. This brochure provides tips for talking with aging drivers about safe driving concerns.</td>
<td>Find a Ride Florida is an online listing of transportation service providers in all of Florida’s 67 counties. This tip card helps you use the website, <a href="http://FindaRideFlorida.org">FindaRideFlorida.org</a>.</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>Keys to Your Transportation Future Tip Card</th>
<th>Tips on How to Use Transportation Options in Florida Series</th>
</tr>
</thead>
<tbody>
<tr>
<td>This card promotes the three keys to remain safe and mobile for life along with how to find additional resources.</td>
<td>This new series contains tips and resources for: Bicycling, Public Transit and Transportation Network Companies.</td>
</tr>
</tbody>
</table>

**To request outreach materials or join the mailing list, contact:**

Safe Mobility for Life Resource Center  
Florida State University  
Pepper Institute on Aging and Public Policy  
Phone: 850-644-8426  
Email: [Contact@SafeMobilityFL.com](mailto:Contact@SafeMobilityFL.com)

**You Hold the Keys Workshops**

In addition to developing and distributing educational materials, Safe Mobility for Life has developed a number of presentations and workshops to provide communities across the state the opportunity to learn about how to stay safe and mobile for life. To schedule a workshop in your community, please send an email to [Contact@SafeMobilityFL.com](mailto:Contact@SafeMobilityFL.com).
Help Share and Spread the Message of Older Driver Safety Awareness Week!

The American Occupational Therapy Association, Inc. and Safe Mobility for Life Coalition want you to take part in spreading the critically important messages and information that help keep all Floridians safe and mobile and, in turn, active, independent, and connected to their communities. Please share the content below in your newsletter and website, and share the social media content on your social media platforms throughout the week. You will also find an Older Driver Safety Awareness Week handout that you can print and place in your workplace and/or community organization.

Suggested Newsletter/Website Content

The Florida Department of Transportation’s (FDOT) Safe Mobility for Life Program and Coalition partners with the American Occupational Therapy Association’s Older Driver Safety Awareness Week each year to promote the importance of knowing how to drive safely longer, and how to remain active and independent long after transitioning from driving.

Being able to get around easily to maintain an active lifestyle is critically important to health and well-being. According to more than 70 percent of Floridians who participated in Florida’s 2017 Aging Road User Survey, driving is central to their independence, and 67 percent strongly agree that if they stopped driving, they fear they would become isolated.

Maintaining a healthy lifestyle that allows people to stay connected to their community, even beyond the driver’s seat, begins with knowing **The Keys to Achieve Safe Mobility for Life**.

**The Keys** are: **understand**, **be proactive**, and **plan**.

The Safe Mobility for Life Coalition provides resources that can help people continue their safe driving records and stay connected to the people important to them and to the activities they love long after they have transitioned from driving. Here are just some of the materials that are available from the Safe Mobility for Life Resource Center that can be ordered for free:

- Florida’s Guide for Aging Drivers — guide provides resources and information on how to keep safe while driving; information on the impact aging has on driving; self-assessment tests; and tips and tools to help remain independent and mobile beyond the driver’s seat.
- How to Use FindaRideFlorida.org tip card – learn how to access local transportation options through this on-line resource.
- Transportation Network Companies brochure — overview and tips on how to use companies like Uber and Lyft as a transportation option.
- Public Transit brochure — tips on how to use transportation options in Florida.
Remain proactive about your safe driving skills by signing up to take AARP’s Smart Driver Course or AAA’s Mature Driver Improvement Course. Attending a CarFit event is a great way to learn how to maintain a safe and comfortable fit within your vehicle. Find a Florida Department of Highway Safety and Motor Vehicles Florida Licensing On Wheels (FLOW) event near you to conveniently renew or update your driver license or registration.

Florida residents and visitors are invited to join Older Driver Safety Awareness Week this year to learn how to remain safe, mobile, and independent. You can find more information on the classes, events, and activities going on during this week and beyond by visiting SafeMobilityFL.com/ODSAW2018.htm.

Visit SafeMobilityFL.com/Outreach.htm to download Florida’s Guide for Aging Drivers in English or Spanish, or to order a free copy or other materials, please contact The Safe Mobility for Life Resource Center, and they will be mailed to you.

Pepper Institute on Aging and Public Policy
Safe Mobility for Life Resource Center
PO Box 3061121
Tallahassee, FL 32306
Email: Contact@SafeMobilityFL.com
850-644-8426

Sharable Image:
Older Driver Safety Awareness Week
December 3–7, 2018

TOOLKIT

Download and Print the Handout

Celebrate Older Driver Safety Awareness Week
Dec. 3–7, 2018

Find an Event | Order Education Materials
Schedule a Workshop | Sign Up for our E-Newsletter

You Hold the Keys to Your Transportation Future!

Understand the impact aging has on driving
Be Proactive about safe driving skills
Plan for a safe transition from driving

Visit SafeMobilityFL.com/ODSAW2018.htm to find an event near you and to learn more!

Follow us @SafeMobilityFL
Post last week of November:

Older Driver Safety Awareness Week kicks off on Dec. 3! Find an event near you to help you stay safe and mobile for life. SafeMobilityFL.com/ODSAW2018.htm #SafeMobilityFL #ODSAW18

Participate in Older Driver Safety Awareness Week starting Dec. 3 by attending a Safe Mobility for Life workshop, driver safety course, or CarFit event near you! Find events going on next week and beyond by visiting SafeMobilityFL.com/ODSAW2018.htm #SafeMobilityFL #ODSAW18

Safe Mobility for Life for all Floridians is a goal of @MyFDOT and one reason we work with @AOTAInc to bring #ODSAW18 to Florida. Participate this year by joining a mobility event near you! Click on the calendar to see what is happening! SafeMobilityFL.com/ODSAW2018.htm #SafeMobilityFL #ODSAW18

Visit SafeMobilityFL.com to sign up for the Safe Mobility for Life E-newsletter today! #SafeMobilityFL #ODSAW18

Post December 3–7, 2018:

It’s Older Driver Safety Awareness Week! Learn how to stay active, independent and connected to your community, even beyond the driver’s seat! Order free resources today: SafeMobilityFL.com/Outreach.htm #SafeMobilityFL #ODSAW18

During Older Driver Safety Awareness Week, learn the Keys to Achieve Safe Mobility for Life: Understand, Be Proactive, and Plan! Visit SafeMobilityFL.com to learn more. #SafeMobilityFL #ODSAW18

Be proactive about your safe driving skills by signing up to take AAA’s Mature Driver Improvement Course or AARP’s Smart Driver Course during Older Driver Safety Awareness Week, Dec. 3–7. Find one near you: SafeMobilityFL.com/ODSAW2018.htm #SafeMobilityFL #ODSAW18

Be proactive during Older Driver Safety Awareness Week, Dec. 3–7! Attend a CarFit safety event to learn how to maintain comfort and safety in your vehicle. Find one near you: car-fit.org/carfit/RegisterCarFit #SafeMobilityFL #ODSAW18

In honor of Older Driver Safety Awareness Week, Dec. 3–7: Plan for a safe transition from driving. Try a mode beyond the driver’s seat. Visit FindaRideFlorida.org to see which transportation service provider can get you where you want to go!